



SQUIRREL SPACE

a 501(c)(3) non-profit

How the ELI Helps

Get in front of burnout, energy depletion, high turnover, and change resistance this year. Workplace challenges like burnout and change fatigue often start with neurodivergent employees but affect all employees.



Increases Self-Awareness



Fosters Team Engagement



Improves Leadership Effectiveness



Enhances Resilience



Drives Behavioral Change

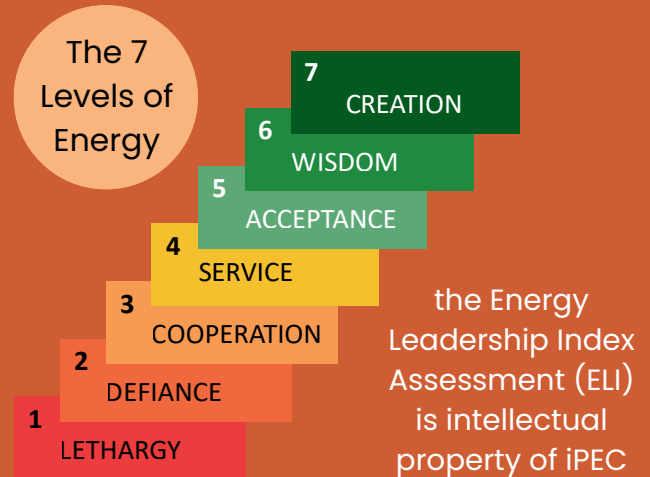


Supports Transitions

- 16%** increase in productivity
- 17%** increase in time management
- 15%** improvement in satisfaction in work-life balance
- 20%** increase in overall combined energy level

What is the ELI?

The Energy Leadership Index (ELI) is an assessment that measures how people show up in different areas of their lives. What started as burnout and defiance can quickly turn into wisdom and creativity by consciously fostering energy-positive environments in the workplace.



ELI Workshop

1. The ELI Assessment for executive leaders or key teams
2. One-on-one debriefs with certified coaches
3. Live workshop
 - Organizational energy and inertia
 - Detecting patterns during uncertainty and change
 - Identify pilot initiatives and metrics
4. Six months post-workshop debrief



Ideal for teams & leaders who have high-stress jobs, are experiencing burnout, fatigue or exhaustion but are still expected to lead and maintain high productivity.



squirrel-space.com



info@squirrel-space.com



Squirrel Space

