SQUIRREL SPACE

a 501(c)(3) non-profit

How the ELI Helps

Get in front of burnout, energy depletion, high turnover, and change resistance this year. Workplace challenges like burnout and change fatigue often start with neurodivergent employees but affect all employees.

- Increases Self-Awareness
- Fosters Team Engagement
- Improves Leadership Effectiveness
- Enhances Resiliance
- Drives Behavioral Change
- Supports Transitions

16% increase in productivity

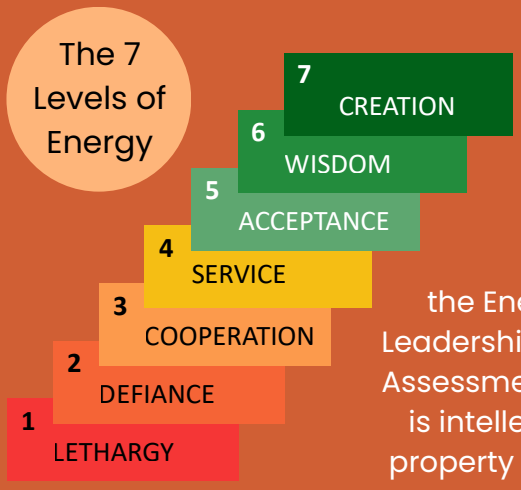
17% increase in time management

15% improvement in satisfaction in work-life balance

20% increase in overall combined energy level

What is the ELI?

The Energy Leadership Index (ELI) is an assessment that measures how people show up in different areas of their lives. What started as burnout and defiance can quickly turn into wisdom and creativity by consciously fostering energy-positive environments in the workplace.



the Energy Leadership Index Assessment (ELI) is intellectual property of iPEC

ELI Workshop

1. The ELI Assessment for executive leaders or key teams
2. One-on-one debriefs with certified coaches
3. Live workshop
   - Organizational energy and inertia
   - Detecting patterns during uncertainty and change
   - Identify pilot initiatives and metrics
4. Six months post-workshop debrief

Ideal for teams & leaders who have high-stress jobs, are experiencing burnout, fatigue or exhaustion but are still expected to lead and maintain high productivity.

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